

Gastrointestinal Nutrition for Dietitians

Online Evergreen Course

Who is this course for?

Dietitians with 1-3 years' experience in practice. This course can also be used as a refresher if you are returning to practice within this area.

What are the learning objectives of this course?

- To narrate the anatomy of the gastrointestinal tract (GIT)
- To describe the key roles of the GIT organs from the mouth to the large intestine
- To list up to three common drug-nutrient interactions in gastroenterology nutrition
- To understand the importance of a multidimensional approach to clinical decision making

How long will I have access to the course?

Once you have been uploaded onto the Learning Management System (LMS), you will have <u>on-going</u> access to the course and associated materials.

Do I need to complete the course in any order?

This course is self-paced, which means you can do as little as you like or as much as you like at any given time. It is recommended that you start at the first module and then progress through to the last, as each module will build on knowledge from the previous module.

What are the course requirements?

To receive your 'Professional Certificate', you will need to view all webinars and case studies, then complete the assessment item.

How long will it take me to do the course?

This online course is worth <u>30 CPD hours</u>, so it should take approximately 30 hours to complete. You will need to manually upload your CPD hours for this course.

Was this course peer-reviewed?

Yes. This course was peer-reviewed.

Who are the educators?

Dr. Ruth Vo (APD, PhD, MHealthSci[Edu], BNutrDiet) is a leader within her profession, Ruth models advanced clinical decision making with a commitment to professional development, particularly in the dietary management of digestive disease. Ruth worked clinically for nearly a decade as a Senior Dietitian at Liverpool Hospital and is an experienced educator as a regular guest Lecturer at the University of Wollongong. Ruth is a deep systems thinker and pursued a solid commitment in gastroenterology through a PhD which examines clinical decision making of experienced dietitians. As lead educator, Ruth developed the course structure, content, and oversaw contributions by coeducators to guarantee this professional development exceeds international standards and truly impacts clinical practice.



Alexandra Burke (APD, MNutrDiet [Research], BHealthSci[Nutri]) is well regarded in Queensland as an APD guru on all things gastroenterology. After 10-years in the acute care and outpatient space, Alexandra opened her own private practice to specialise in the post-acute phase and long-term care, giving her unique insight to the entire patient journey. Alexandra contributed to the development of the case studies for this course.

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