

# Supervisor bios

## Deb Blakley



My Nutrition & Dietetics career began in 1997. I established a private paediatric practice after many years as a hospital-based clinical dietitian, community dietitian and community nutritionist. Today, I lead a team of passionate Dietitians who are constantly building our skills and expertise to provide high quality neurodiversity-affirming and trauma-informed nutrition care through a Responsive Feeding approach. I support children and families with extreme feeding challenges that co-exist alongside many disabilities such as Autism, ADHD, sensory feeding challenges, ARFID, and weight concern. I am fascinated by the intersection of parent feeding experiences and relationship with food, and how that influences how children are fed.

I am thrilled to be a Supervisor in the MCB Project as I believe that there is such a demand for skilled Dietitians within the Disability sector. Supervision strengthens our profession from the inside out as we learn from each other, receive high quality support as caring professionals, and ultimately provide better care for our clients.

I hope my future Supervisees will experience these things through Supervision:

- Compassion and care
- An environment of mutual learning and respect
- a space to "decompress" and be lifted up

## Chadia Bastin



Chadia Bastin is Clinical Lead Dietetics at Gateway Health in Wangaratta, Northeast Victoria. Since graduating from Deakin University with a Master of Nutrition and Dietetics, she has worked as a Dietitian in rural areas for the past 25 years, specializing in community aged care and disability. She has a passion for supporting people who have barriers accessing nutrition due to biopsychosocial disabilities (including those that are age-related) and champions capacity-building approaches that promote independence, choice and control, no matter a person's age or functional capacity. Chadia is determined to promote a positive change in the recognition of Dietetic expertise and value in the Community Aged Care and Disability sectors and is excited by the prospect of being able to help fill a gap in the workforce of Dietitians who feel confident, skilled, and just as passionate about assisting people of all abilities to eat well.

## Corinne Cox



Corinne Cox is an Advanced Accredited Practising Dietitian, an Honorary Fellow at the University of Wollongong and the owner of Evolve Nutrition and Health Solutions. She has extensive specialist knowledge and experience as a food service dietitian as well as a special interest in the areas of nutrition and mealtime management for persons living with a disability and/or with swallowing difficulties. Corinne provides dietetic services to NDIS participants across a range of community settings and also runs a private practice where she sees a wide range of clients and provides consulting services to businesses and the public sector.

Her work in the disability sector is underpinned by her combined foodservice and dietetic knowledge and experience. After working in this space for many years and finding it extremely rewarding she is keen to support other dietitians to progress their skills in this area to ensure the best outcomes for client, their families, carers and support staff as well as career satisfaction and professional growth for dietitians

## Amy Duff



Amy has worked as a Dietitian for 12 years across Queensland, New South Wales and South Australia. Earlier in her career she worked across rural and remote regions including outreach with the Royal Flying Doctors. For the last 7 years she has worked at TPCH (The Prince Charles Hospital Brisbane) in areas including Paediatrics, Intensive Care, Lung Transplant and Clinical Education.

Amy holds Certificates in Eating Disorder Management, Stoma therapy, Gastrostomy Management, Paediatric Dietetics, and is certified and enjoys providing to SOS therapy to families in the community. She has completed research in ERAS, Intensive Care Nutrition and is now an Associate Investigator researching Clinician Perceptions of early Enteral feeding in the Acute Stroke population. Before going on maternity leave she was an Assistant Treasurer and held a position on Clinical Council of AuSPEN.

Amy is passionate about working with patients and their families to make their journeys easier and improve their overall quality of life. She has completed training in Applied Positive Psychology, Mental Health First Aid, Positive Leadership and Motivating Behaviour Change. She has a strong interest in the way Mental Health impacts our ability to care for ourselves and for others. Having completed certificates in Psychology, Mental Health and Counselling, she continues to expand her knowledge and skills through a Bachelor of Psychology through the University of South Australia.

Part-time she continues work at TPCH, with her other days filled with providing disability support and NDIS Plan Management for a loved one with a complex medical condition. She is confident and well-versed at advocating for health equity and the needs of her patients, priding herself on her ability to translate and navigate the NDIS to ensure those in her care are awarded the level of support they deserve.

## Michelle Lane



I am a dietitian and leadership professional with a Master of Business Leadership.

### Professional experience

- worked in government and NFP disability agencies for almost 40 years
- worked with adults with an intellectual, physical and sensory disabilities, families, carers, teams and supporting systems in community and residential care as a dietitian and team leader/manager.

### Interests

- dysphagia management (Smooth Food originator), nutrition screening, food skill development, models of care, policy and procedures and leadership development.

This project provides an opportunity to support and develop those new to disability and those continuing to learn. I can now play it forward to a new dietetic generation.

### What I wish for participants

- to learn, practice and reflect on disability issues
- to gain confidence in service provision
- to develop network opportunities

Ultimately this commitment to continuous learning by dietitians will improve health outcomes for people with a disability.

## Ju-Lin Lee



Ju-Lin Lee (AdvAPD, MPH) is Coordinator – Dietetics, Diabetes Education and Community Nursing at Your Community Health (YourCH), and brings nearly 15 years’ experience in dietetic practice, leadership and management positions in a range of settings, including hospitals, community dietetics and public health nutrition. She is a leadership committee member and former Co-Convenor of the DA Public Health and Community Nutrition Interest Group. Ju-Lin’s experience and interests focus on providing care through strengths-based, holistic, non-diet approaches in paediatric dietetics and food security.

Ju-Lin coordinated the development of disability allied health services at YourCH and has been involved in content development for this project, which aligns with her dedication to promote nutrition outcomes without leaving anyone behind. She is excited to be part of the supervisory part of this project, and looks forward to supporting future supervisees to meaningfully apply knowledge to practice.

## Michelle Livy



Michelle has worked as a dietitian for over twenty years in hospital, private practice and community health settings. Over the last seven years, Michelle has been specialising in disability care and is on the leadership team for the DA Disability Interest Group. She has been involved in the development, implementation and evaluation of a Disability Service Model for adults at Your Community Health and its continued adaptation for NDIS. Michelle has experience educating disability support staff with regards to good nutrition & safe swallowing. She has also completed training in art therapy techniques to better engage and connect with clients based on their learning or processing needs. This training has provided skills in delivering nutrition education and behaviour-change support in a more hands-on and creative style.

Michelle has experienced the benefit and understands the importance of supervision in dietetic practice. She will provide a relaxed and regulating space where dietitians can share experiences and find support and solutions to the challenges and complexities arising from work in the disability sector. In an uplifting & empowering way.

## Natalie Mullins



Natalie is an APD in Adelaide, South Australia. She is the founder and Lead Dietitian of Pod Dietetics, a weight neutral, trauma informed and neurodiversity affirming business providing dietetics services to people of all ages, with a focus on supporting those who have a disability or a chronic health condition. Prior to founding Pod, Natalie worked in SA Health across multiple clinical areas including acute, sub-acute, outpatient and ambulatory services, with specific experience and expertise in physical and neurological rehabilitation. She is passionate about providing high quality clinical care that is tailored to the individual and integrates their lived experience with evidence-based guidelines for medical nutrition therapy.

### Key Interest Areas:

- Counselling Skills
- Disability and NDIS
- Health Behaviour and Weight Management
- Motivational Interviewing
- Nutrition Support
- Reflective Practice
- Rehabilitation



## Melissa Selan



I have been a Dietitian for over 18 years, working exclusively alongside adults (18+ years of age) with an acquired brain injury for the last 8 years. I was responsible for building the specialist nutrition and PEG service when the ABI rehabilitation unit at Alfred Health opened in 2014. Over the past 5 years, I have moved from inpatient rehabilitation to focus on ABI community rehabilitation. I remain working at Alfred Health in their community ABI team part time, while also working privately seeing home based TAC and NDIS clients.

I am passionate about the important role a Dietitian can play in improving the quality of life amongst those living with disabilities in our community. I hope that by taking on this supervisory role I am able to grow the skill set within our workforce and empower dietitians to advocate for their clients across a broad range of nutrition issues which impact such a vulnerable population.

## Charity Spalding



Charity is an Accredited Practicing Dietitian with over 13 years of clinical experience. Early in her career, Charity worked in a wide variety of clinical areas across a number of Sydney adult hospitals and has spent 10 years working at the Children's Hospital at Westmead working predominantly in nutrition for children with disabilities and Home Enteral Nutrition (tube feeding). Charity also provided dietetic services to Allowah Presbyterian Children's Hospital for a time.

Charity knows that optimal eating can look different for every person and every family. She strives to work as a team with the people who seek her services and provides practical, achievable and personalised advice tailored to each family's unique circumstances. Being a mother to two young children means Charity is sympathetic to the pressures of your family life and understands how time-poor many parents are.

While working at the Children's Hospital at Westmead Charity gained extensive experience in the nutritional management of both oral and tube fed children with a focus on working with children who have severe physical and intellectual disability and their families. Other areas of experience include general and orthopaedic surgery, neurology, brain injury, rehabilitation, weight management and general medical patients.

Charity has experience lecturing and presenting to parents, other health professionals and student dietitians as well as supervising student dietitians on their clinical and project placements