Renal Nutrition for Dietitians

Online Evergreen Course

Who is this course for?
Dietitians with 1-3 years’ experience in practice. This course can also be used as a refresher if you are returning to practice within this area.

What are the learning objectives of this course?
- To understand and describe the role of the kidney in health
- To differentiate between the different stages of chronic kidney disease
- To demonstrate an understanding of the important biochemical markers of kidney disease and implications for nutrition assessment
- To understand the nutritional implications of kidney disease

Modules:
- Module 1: Renal Refresher
- Module 2: CKD in Private Practice
- Module 3: Management of Acute Kidney Disease
- Case Studies

How long will I have access to the course?
Once you have been uploaded onto the Learning Management System (LMS), you will have on-going access to the course and associated materials.

Do I need to complete the course in any order?
This course is self-paced, which means you can do as little as you like or as much as you like at any given time. It is recommended that you start at the first module and then progress through to the last, as each chapter will build on knowledge from the previous chapter.

What are the course requirements?
To receive your ‘Professional Certificate’, you will need to complete all modules and the assessment item.

How long will it take me to do the course?
This online course is worth 30 CPD hours, so it should take approximately 30 hours to complete. You will need to manually upload your CPD hours for this course.

Was this course peer-reviewed?
Yes. This course was peer-reviewed.

About the educators:
Dr. Jaimon Kelly (APD, PhD, MNutrDiet, BHealthSci) is an internationally recognised and sought-after researcher and educator in chronic kidney disease, He has dedicated his career to revolutionising the
clinical dietetic management of CKD, moving away from a nutrient and restrictive approach towards a dietary pattern and behavioural approach enhanced by Telehealth. Jaimon has been an invited speaker to multiple societies and has more than 4-years experience as a private practice dietitian in CKD and more than 3-years as tertiary course convener at Bond University. As a senior author of 2 book chapters and 40 manuscripts, Jaimon completed his PhD on lifestyle management for effective chronic kidney disease. Jaimon was the lead educator for this course development.

Hannah Mackay (BNutrDiet [Hons], APD) is an experienced clinical dietitian specialising in acute renal diseases. As a published lead author in renal dietetics, she led a 2-year implementation science project to integrate evidence-based practice and established a dietetic service at a brand-new haemodialysis unit in a large metropolitan hospital. Hannah is a senior dietitian with a passion in extended scope of practice for renal dietetics and has both national and international experience. Drawing upon her 10-years of clinical experience, Hannah contributed greatly to the content development of this course.