

Online cultural capability training for Dietitians Australia members and staff

As part of our commitment to Reconciliation through the INNOVATE Reconciliation Action Plan (RAP), Dietitians Australia is pleased to offer members several suggestions for online training to improve cultural capability.

For contextualisation, Indigenous cultural capability is a holistic and life-long learning approach which refers to the skills, knowledge, behaviours and systems which work to plan, support, improve and deliver culturally respectful and empowering health interactions, healthcare services and improvements in health outcomes for Aboriginal and/or Torres Strait Islander peoples.

Building a culturally capable profession is important to Dietitians Australia, given that Aboriginal and/or Torres Strait Islander peoples are encountered in many facets of the work we do, whether it be through interactions with patients/clients, colleagues, staff who work in other disciplines, the media, politics and our own Indigenous membership.

In the quest to assist members with cultural learning, our RAP Working Group has researched and collated five online cultural capability training options that members may wish to undertake as part of their CPD. These online training options will be reviewed on an annual basis to ensure members have the most up-to-date training options on hand.

Yuwahn Wupin (Culturally Able) Journey	
Institution	Griffith University
Link	https://www.griffith.edu.au/griffith-health/first-peoples-health-unit/e-learning-initiative
Description	<p>The Portal content aligns strategically with a Federal Government endorsed Aboriginal and Torres Strait Islander Health Curriculum Framework (The Framework), and targets a beginner level of understanding in First Peoples Health. Five capabilities are covered including:</p> <ul style="list-style-type: none"> • Respect • Safety and Quality • Reflection • Communication • Advocacy <p>Participants are required to undertake quiz questions upon completion of each of the five cultural capability modules to earn their Yuwahn Wupin digital badge. Participants must achieve a minimum score of 4 correct answers in each quiz to progress to the next stage.</p>
Target audience	The Portal is part of a suite of initiatives aimed at increasing the cultural capability of health students.
Fee	Free

Working Well (through eLearn Australia)	
Institution	eLearn Australia in collaboration with Northern Territory General Practice Education, AMSANT and Danila Dilba Health Service
Link	http://ntgpe.org/workingwell/index.htm
Description	<p>Free online modules that provide advice, stories and guidance to GP Registrars who are planning to work in Aboriginal Community Controlled Health Services (ACCHS). These modules were acknowledged by the World Health Organisation in 2014. It consists of five self-directed learning modules:</p> <ul style="list-style-type: none"> • Working Well 1: Differences between Aboriginal Community Controlled Health Services and mainstream general practice • Working Well 2: The role of the Aboriginal and Torres Strait Islander Health Practitioner (ATSIHP) • Working Well 3: Challenges of working at an Aboriginal Community Controlled Health Service • Working Well 4: Common misunderstandings between GPs and other staff at Aboriginal Community Controlled Health Services • Working Well 5: Advice for GP Registrars about to start a term at an Aboriginal Community Controlled Health Service
Target audience	GP Registrars and other health practitioners working for Aboriginal Community Controlled Health Services
Fee	Free

Introduction to Aboriginal Cultural Safety (Foundational Training)	
Institution	Victorian Aboriginal Community Controlled Health Organisation (VACCHO)
Link	https://www.vaccho.org.au/educational/cs/
Description	<p>VACCHO's Introduction to Aboriginal Cultural Safety Training is delivered by experienced Aboriginal and Torres Strait Islander facilitators who role model and reinforce culturally safe behaviours and practices throughout the training. The training is enhanced by the unique insights of VACCHO's team and by a range of lived experience which explores identity, culture and history.</p> <p>Participants will develop the knowledge and skills necessary to improve engagement with and for Aboriginal and Torres Strait Islander peoples. Workshop topics include:</p> <ul style="list-style-type: none"> • What is cultural safety and how to implement practical strategies into practice • Complexities of Aboriginal identity and cultural protocols • How colonisation and past policies have shaped contemporary Aboriginal culture, people and communities • Fostering respectful relationships with Aboriginal communities <p>A total of 4 hours duration, the delivery mode is either face to face or online via Zoom platform. Each participant will receive a pack of training resources relevant to the session as well as a Certificate of Participation supplied by VACCHO's Cultural Safety Team.</p>
Target audience	Anyone interested in gaining the necessary knowledge and understandings to effectively work with Aboriginal and Torres Strait Islander peoples.
Fee	\$300.00 per person (plus GST)

Aboriginal Insights E-Learning	
Institution	Aboriginal Insights (founded by Ngarluma-Aboriginal woman, Jolleen Hicks)
Link	https://courses.aboriginalinsights.com.au/
Description	<p>Aboriginal Insights brings a higher level of understanding, respect, and appreciation of the Aboriginal Community and their culture through learned expertise and authentic personal experiences. The E-Learning courses provide an in-depth learning about Aboriginal peoples and their Cultures which serves as a solid foundation to begin to appreciate the culturally different approach required when working with or supporting Aboriginal people, families, or Communities to achieve positive outcomes.</p> <p>The updated two-level online learning product is called Understanding and Action in the Aboriginal Space. This includes: Level 1 – Cultural Awareness 101 for All Workplaces in Australia* (8 Lessons) Level 2 – Developing your Aboriginal Engagement Strategy (8 Lessons)</p> <p>Each user will receive their own login and dashboard. The online learning will include unlimited access for the duration of 180 days to online learning courses, cultural learning downloadable resources and opinion articles on current issues. All users will also have access to IT support. Jolleen Hicks will be available to engage via email info@aboriginalinsights.com.au</p> <p>*Pre-requisite to Level 2</p>
Target audience	Anyone involved in closing gaps specific to Aboriginal peoples, including gaps in the space of health, education and employment.
Fee	<p>Understanding & Action Learning Package (Level 1 & Level 2 courses) - \$499 pp + GST (6 months access) Level 1 – CA101, \$169 pp + GST (6 months access) *these are discounted rates for DA members – please contact Aboriginal Insights directly to access these rates (info@aboriginalinsights.com.au). **further discount is available for those purchasing a licence for 100+ users</p>

Public Online Cultural Capability Program	
Institution	BlackCard
Link	https://www.theblackcard.com.au/blackcard-public-online-cultural-capability-program/
Description	<p>BlackCard programs are based on a three semester university course by Dr Lila Watson and Dr Mary Graham, Aboriginal Elders and educators and long-time course developers and lecturers for the University of Queensland.</p> <p>Offering two online programs, each program is supported by BlackCard’s Learning Portal. The portal provides access to the workshop preparation and homework materials, including:</p> <ul style="list-style-type: none"> • Pre-workshop and book • Activities, resources and videos

	<ul style="list-style-type: none"> Guided homework and group activity tasks <p>Option 1 – 3hr Virtual Cultural Capability Program (includes a 12 month subscription to Blackcard’s portal). Option 2 – 90 min Virtual Cultural Capability Program – a deep dive into Aboriginal Terms of Reference (includes 14 days complimentary access to Blackcard’s portal).</p>
Target audience	Anyone interested in strengthening their cultural capability.
Fee	Option 1: \$300 + GST Option 2: \$150 + GST

The IAHA Cultural Responsiveness Training	
Institution	Indigenous Allied Health Australia (IAHA)
Link	https://iaha.com.au/iaha-consulting/cultural-responsiveness-training/
Description	<p>This training focusses on action-orientated and strength-based outcomes. It is aimed at critical self-reflective practise identifying one’s impact on another. Training is delivered to participants in three main online and blended learning stages for ease and convenience. It is a highly interactive course that centres around three driving principles:</p> <ul style="list-style-type: none"> What do we need to know (<i>knowing</i>); Whom do we need to be (<i>being</i>); and How do we transform behaviours and systems to be culturally safe and responsive in meeting Aboriginal and Torres Strait Islander people’s needs (<i>doing</i>). <p>IAHA have conducted extensive research on each topic to provide participants with meaningful and relevant content. This research is harnessed by lived experience from their highly skilled Aboriginal and Torres Strait Islander facilitators within the IAHA network.</p> <p>Level 1 & Level 2 is all online and self-paced, with Level 3 a live hosted discussion for 3 hours with 2 facilitators.</p>
Target audience	Anyone interested in strengthening their cultural responsiveness.
Fee	Level 1-3 program is \$350.00 per person + GST.